

A Celebration of the Life of



VAL DIAMOND

26th January 1954 - 14th March 2024

Sherwood Forest Crematorium

Thursday 18th April 2024
at 1.00 pm



ORDER OF SERVICE


MUSIC ON ENTRY
Isn't She Lovely
Stevie Wonder

WELCOME AND INTRODUCTION



POEM
A Life Well Lived

A life well lived is a precious gift
Of hope and strength and grace,
From someone who has made our world
A brighter, better place.
It's filled with moments, sweet and sad,
With smiles and sometimes tears,
With friendships formed and good times shared
And laughter through the years.
A life well lived is a legacy
Of joy and pride and pleasure,
A living, lasting memory
Our grateful hearts will treasure.



VAL'S LIFE

MUSIC FOR REFLECTION

See You Again

instrumental by Milo Grande

POEM

I Missed You Today

I missed you today, that's nothing new.
I missed you a million times yesterday too.
I picked up my phone to tell you the news,
Then realised again, I can't text it to you.

I saw your bright smile at least twenty times,
And then I remember, it's all in my mind.
I drive without presence, the world feels surreal.
Then on comes your song and this doesn't seem real.

I missed you today, but I miss you a lot.
It's helpful to miss you, it's all that I've got.
I wish I could pull you down here for a while,
I'm frightened to lose the shape of your smile.

I miss you today and I'll miss you tomorrow,
There seems to be no coming end to this sorrow.
I try to go on, as I know that you care.
I know that you're willing me on from up there.

I miss you today, but I'm trying to find.
A way to move on but not leave you behind.
A way to forge on with the love that we had.
A way to recall you and simply feel glad.

READING
Desiderata by Max Ehrmann
read by Steven

Go placidly amid the noise and the haste,
and remember what peace there may be in silence.
As far as possible, without surrender, be on good terms with all persons.
Speak your truth quietly and clearly; and listen to others,
even to the dull and the ignorant; they too have their story.
Avoid loud and aggressive persons; they are vexatious to the spirit.
If you compare yourself with others, you may become vain or bitter,
for always there will be greater and lesser persons than yourself.
Enjoy your achievements as well as your plans.
Keep interested in your own career, however humble;
it is a real possession in the changing fortunes of time.
Exercise caution in your business affairs, for the world is full of trickery.
But let this not blind you to what virtue there is;
many persons strive for high ideals,
and everywhere life is full of heroism.
Be yourself. Especially do not feign affection.
Neither be cynical about love; for in the face of all aridity and
disenchantment, it is as perennial as the grass.
Take kindly the counsel of the years,
gracefully surrendering the things of youth.
Nurture strength of spirit to shield you in sudden misfortune.
But do not distress yourself with dark imaginings.
Many fears are born of fatigue and loneliness.
Beyond a wholesome discipline, be gentle with yourself.
You are a child of the universe no less than the trees and the stars;
you have a right to be here.
And whether or not it is clear to you,
no doubt the universe is unfolding as it should.
Therefore be at peace with God, whatever you conceive Him to be.
And whatever your labors and aspirations,
in the noisy confusion of life, keep peace in your soul.
With all its sham, drudgery and broken dreams,
it is still a beautiful world.
Be cheerful. Strive to be happy.



FAREWELL

MUSIC
What A Wonderful World
Louis Armstrong

POEM
One At Rest

Think of me as one at rest, for me you should not weep.
I have no pain, no troubled thoughts, for I am just asleep.
The living, thinking me that was, is now forever still
And life goes on without me now, as time forever will.

If your heart is heavy now, because I've gone away,
Dwell not long upon it, friend, for none of us can stay.
Those of you who liked me, I sincerely thank you all
And those of you who loved me, I thank you most of all.

And in my fleeting lifespan, as time went rushing by.
I found some time to hesitate, to laugh, to love, to cry.
Matters it now, if time began, if time will ever cease,
I was here, I used it all and now I am at peace.

CLOSING WORDS

MUSIC ON LEAVING
Nutbush City Limits
Ike and Tina Turner



The family would like to thank everyone
for their kind words and support at this sad time.

All are welcome for light refreshment at
The Maypole, Newark Road, Wellow, Newark NG22 0EA.

Donations in memory of Val for
John Eastwood Hospice
may be sealed in the donation envelope
and placed in the box on leaving the service,
left online at
www.lymn.co.uk/obituaries
or by scanning the QR code below or sent care of

A.W. LYMN

The Family Funeral Service®

Manvers House
5 Sherwood Drive
Ollerton
NG22 9PP
www.lymn.co.uk



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