



*In Celebration
of the Life of*

Sheila Adderley

10th April 1933 - 20th June 2022

West Chapel, Wilford Hill Crematorium
Wednesday 13th July 2022
at 12.30 pm





Order of Service

Conducted by Richard Marshall





Entry Music
My Way
Frank Sinatra

Welcome and Introduction

Eulogy

Poem

read by daughter, Wendy





Hymn

I danced in the morning
When the world was begun,
And I danced in the moon
And the stars and the sun,
And I came down from heaven
And I danced on the earth,
At Bethlehem I had my birth.

*Dance, then, wherever you may be,
I am the Lord of the Dance, said he,
And I'll lead you all, wherever you may be,
And I'll lead you all in the Dance, said he.*

I danced for the scribe
And the pharisee,
But they would not dance
And they wouldn't follow me.
I danced for the fishermen,
For James and John,
They came with me
And the Dance went on.
Dance, then, wherever you may be...

I danced on the Sabbath
And I cured the lame;
The holy people
Said it was a shame.
They whipped and they stripped
And they hung me high,
And they left me there
On a Cross to die.
Dance, then, wherever you may be...

I danced on a Friday
When the sky turned black,
It's hard to dance
With the devil on your back.
They buried my body
And they thought I'd gone,
But I am the Dance,
And I still go on.
Dance, then, wherever you may be...

They cut me down
And I leapt up high;
I am the life
That'll never, never die;
I'll live in you
If you'll live in me -
I am the Lord
Of the Dance, said he.
Dance, then, wherever you may be...





Poem

read by daughter, Lynne

Music for Reflection

Birdsong Garden (Nature Sounds)

Bjorn Lynne

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation;
but deliver us from evil.

For thine is the kingdom,
the power and the glory,
for ever and ever.

Amen.





Farewell

Exit Music

Supercalifragilisticexpealidocious
Julie Andrews and Dick Van Dyke

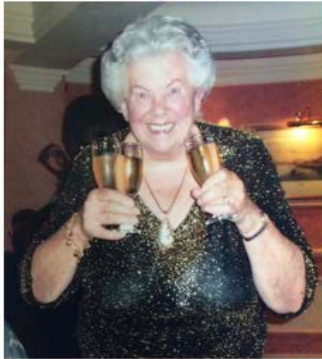
A Few Last Thoughts From Sheila.....

My mind works like lightning. One brilliant flash and it's gone

My favourite childhood memory is having energy

I want to be like a caterpillar; eat a lot, sleep for a while and wake up beautiful

When life shuts a door, open it again. It's a door, it's how they work



Give 100% in everything you do, unless you are giving blood

I had my patience tested; I'm negative

Marriage is about understanding what irritates your spouse and using it strategically

Life is short; smile while you still have teeth



The family would like to thank everyone
for their kind words and support at this sad time.

All are welcome for light refreshment at
The Cottage Hotel, Easthorpe Street, Ruddington, Nottingham NG11 6LA.

Donations in memory of Sheila for the
Stroke Association
may be sealed in the donation envelope
and placed in the box on leaving the service, left online at
www.lymn.co.uk/obituaries
or by scanning the QR code below or sent care of

A.W. LYMN

*The Family Funeral Service**

Chaworth House
24 Varney Road
Clifton
NG11 8EX
www.lymn.co.uk

