



The family would like to thank everyone for their kind words and support at this sad time.

All are welcome for light refreshments at Springfield Events Hall, Station Road, Sandiacre, Nottingham NG10 5BD.

Memorial donations for **Lung Cancer** and the **British Heart Foundation** may be sealed in the donation envelope and placed in the box on leaving the service, left online at [www.lymn.co.uk/obituaries](http://www.lymn.co.uk/obituaries) or sent care of

**A.W. LYMN**

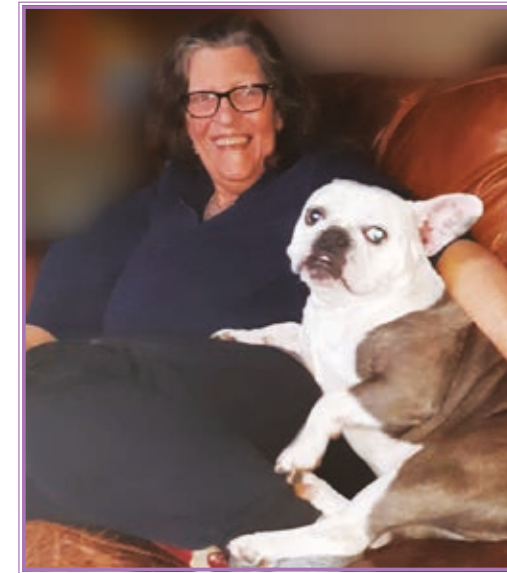
*The Family Funeral Service*

Parker House  
25 Church Street  
Stapleford  
Nottingham  
NG9 8GA

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*In Loving Memory of*



## Teresa Philippa Frost

16th September 1958 - 4th January 2020

Bramcote Crematorium, Serenity Chapel

Thursday 23rd January 2020  
at 1.15 pm



# Order of Service

CELEBRANT - MS AWEN CLEMENT

## Entrance Music

Sunshine Of Your Love  
*Cream*

## Welcome

## Memories of Teresa

### Tribute

by Zephaniah

### Reading

Look For Me In Rainbows

### Reflection Music

All Along The Watchtower  
*Jimi Hendrix*

### Committal

### Closing Words

### Exit Music

Free Bird  
*Lynyrd Skynyrd*

## Look For Me In Rainbows

Time for me to go now, I won't say goodbye;  
Look for me in rainbows, way up in the sky.  
In the morning sunrise, when all the world is new,  
Just look for me and love me, as you know I loved you.

Time for me to leave you, I won't say goodbye;  
Look for me in rainbows, high up in the sky.  
In the evening sunset, when all the world is through,  
Just look for me and love me, and I'll be close to you.

It won't be forever, the day will come and then  
My loving arms will hold you, when we meet again.

Time for us to part now, we won't say goodbye;  
Look for me in rainbows, shining in the sky.  
Every waking moment, and all your whole life through,  
Just look for me and love me, as you know I loved you.

Just wish me to be near you,  
And I'll be there with you.